

# ❧ MOORINGS COUNTRY CLUB LUNCH MENU ❧

## SPECIALS OF THE WEEK

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TWO SPECIALS WHICH CHANGE WEEKLY

TBD

## APPETIZERS

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### BANG BANG SHRIMP

- Crispy Shrimp Tossed with Creamy Sweet Chili Sauce & Topped with Sesame Seeds

### SOUTHWEST CHICKEN SPRING ROLL

- Served with Chipotle Mayo & Corn Salsa

## SOUPS/SALADS

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### SOUP DU JOUR CUP OR ENDLESS BOWL

#### GARDEN SALAD

- May Choose Half or Full Size Portion

#### PEAR & BLUE SALAD

- Grilled Chicken served over Mixed Green, Crumbled Blue Cheese, Toasted Walnuts, Dated Cranberries, Balsamic Poached Pears, with Roasted Shallot Balsamic Vinaigrette - Gluten Free

#### MEDITERRANEAN SALMON SALAD

- Crispy Greens topped with Grilled Wild Salmon, Roasted Beets, Feta Cheese, Tomato, Hummus, Lemon Olive Oil Dressing and Toasted Pita

#### FIRST TEE SALAD

- Baby Spinach, Fresh Seasonal Berries, Quinoa & Wild Rice, Sun Dried Cherries, Red Onion, Toasted Walnuts, Goat Cheese & Finished with a Pomegranate Vinaigrette - Gluten Free

## MOORINGS SANDWICH BOARD

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### FEATURING BOAR'S HEAD COLD CUTS

- Served on Bakery Fresh White, Rye, Wheat, MultiGrain, Wrap or Toasted Gluten Free Bread
- Oven Roasted Turkey Breast, Corned Beef, Black Forest Ham, Roast Beef, Liverwurst, White Meat Chicken, Albacore Tuna or Egg Salad

### JUNIOR CLUB SANDWICH

- Classic BLT with Swiss Cheese, Turkey or Ham on your choice of Bread -  
CHOICE OF SIDE

## SIDES

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- Cole Slaw, Roasted Beet Salad, French Fries, Sweet Fries, Home Made Potato Chips, Fruit, or Cottage Cheese

## ENTRÉES

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### FISH TACO OF THE DAY

- Chef's Fresh Ingredients Served on a Flour Tortilla with Pickled Red Onion, Mango, Sour Cream Avocado Sauce & Choice of Side

### RUSTIC SANDWICH

- Grilled Chicken Breast with Sliced Tomato, Parma Prosciutto & Melted Mozzarella. Served on a Ciabatta Roll with a side of Pesto Mayonnaise

### COUNTRY PORK TENDERLOIN SANDWICH

- Breaded & Fried topped with Roasted Onion Jam, Baby Arugula & Apple Smoked Bacon, served on a Kaiser Roll with a side of Herb Garlic Aioli

### SALMON SLIDERS

- Seared Wild Salmon Medallions served on Mini Brioche Rolls, with Lettuce, Tomato, Pickled Red Onion, Applewood Smoked Bacon & a side of Zesty Lemon Tartar Sauce

### MOORINGS HAMBURGER

- Six Ounce Sirloin, Short Rib & Brisket Blend, Grilled to Order on a Fresh Toasted Kaiser Roll with Lettuce, Tomato, Fries, Choice of Cheddar, American, Swiss or Blue Cheese

### HEBREW NATIONAL HOT DOG

- Highest Quality All Beef Jumbo Hot Dog  
CHOICE OF SIDE

### GROUPER SANDWICH

- Fresh Florida Grouper Prepared Grilled, Blackened or Crisp Fried on a Toasted Brioche Bun  
ALL SANDWICHES INCLUDE CHOICE OF SIDE

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## CONSCIOUS CUISINE

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### SIMPLY BREAKFAST

- Two Poached Eggs, Cottage Cheese, Fresh Fruit & Toasted English Muffin

### THE OMELET PAN

- A Fluffy Two Egg Omelet with Choice of Fillings: Tomato, Mushroom, Onion, Peppers, Spinach, Broccoli, Bacon, Ham, Cheddar or Swiss, served with Toast & Fresh Fruit

### GRILLED VEGGIE BURGER

- Grilled Portobello Mushroom Cap Stuffed with Grilled Vegetables & Goat Cheese Served on a Bun with a Side of Basil Sun-dried Tomato Aioli

### ZUCCHINI NOODLE

- Cherry Tomatoes, Garlic, Olive Oil, Fresh Basil, Parmigiana Cheese Finished with a Lemon White Wine Sauce - Gluten Free

- MAY BE ENHANCED WITH SHRIMP / SALMON OR CHICKEN

*please ask your server for dessert selections*

*Florida State Law mandates consumers be warned that the consumption of raw or undercooked foods may increase your risk of food born illness*